AM I NORMAL?

PUBERTY PUZZLE

The question most frequently asked during the profound changes that take place during puberty is "Am I normal?" This phrase is used as a guide to a number of terms and words associated with the changes experienced at puberty. See how many you can complete.

1. Females start to develop ________ (7)
2. While going though puberty your emotions can fluctuate. At times you can be depressed or ________ (5)
3. Boys and girls develop ________ (5) hair.
4. Male genitalia increase in size. This includes the testes, scrotum and ________ (5)
5. The release of an egg from the ovaries is called ________ (9)
6. Slang name for menstruation ________ (6)
7. Estrogen for females and testosterone for males are two ________ (8) responsible for many of the obvious sexual changes during puberty.
8. A ‘wet dream’ is the slang term used for a ________ (9) emission.
9. In boys especially, the voice becomes deeper and ________ (5)

ANSWERS:

1. breasts
2. moody
3. pubic
4. penis
5. ovulation
6. period
7. hormones
8. nocturnal
9. lower

Source: Ron Wakelin, University of Toronto *Permission to reprint for classroom use.